



*How to
Photograph your
baby's first
Month at home.*

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Welcome to the World.

As a new parent you are mesmerised by your new baby, from their tiny fingers and toes to their cute rose bud lips. Every single moment is precious but that first month goes by so fast and generally it's a blur.

Often all we have to hand to capture those spontaneous first moments is our phones and these first memories can be our most treasured.

As a mum of two wonderful kids myself I know just how quickly time flies especially in those early days. Here's a few tips to help you capture those first moments of baby bliss at home.

- Look for lovely window light, make sure the light is coming down the face from the top of the head. Remember the sun is above us so the light comes down our faces naturally.
- Babies are generally happier in the morning, try to make time at the beginning of the day to spent getting some photos.



- Get in nice and close, capture the details, tiny toes and fingers. That little curl of hair and their tiny rose bud lips, these are the things we forget when they are grown .
- Babies sleep alot in those first weeks, make the most of those sleepy moments and capture sleepy photos.

- Dont forget to be in the photos with your baby, it's easy to not exist in photos when you are the one always taking them. Forget that you may not be feeling or looking your best having just had a baby, none of that matters in the future when you are looking back on this time with your child.
- Photos are amazing memories so don't forget to be part of those memories. Take selfies, set a timer on your phone or get your partner to take some. The simplest of tasks like feeding or rocking your baby to sleep may seem just everyday things you do, but these are the moments you will look back on and cherish.

- Don't forget to check the background of your photo, a quick tidy up could make a massive difference to the photos. Remember these are to keep so it's worth a little effort to remove distractions.
- Don't use a flash, they can be really harsh and unflattering to baby's skin.



- Add favourite toys or gifts to the photos, get baby wrapped in a special blanket or cuddling a teddy. These mementoes of their baby days will be a precious reminder in years to come.
- Remember those all important firsts, so first bath, first hair wash , first outing etc.

- Don't forget to share your images, social media is a great way of connecting with family and friends whatever the location. There are some great apps to create online albums you can share if you don't have social media, check out Lifecake.com, this is a great baby photo journal app.
- Don't forget to backup your photos somewhere safe, these are memories you'd be devastated to lose.
- Last but not least, why not get some professional photos worthy of hanging on the walls. Contact me via my website for more information.